

Lecture 13. We introduce operators

a_+ and a_- :

$$a_{\pm} = \frac{1}{\sqrt{2}} \left(\mp \frac{d}{d\xi} + \xi \right) \quad \text{or} \quad a_{\pm} = \frac{1}{\sqrt{2\hbar m \omega}} (\mp ip + m\omega x)$$

The Hamiltonian can be rewritten as a bilinear combination of a_+ & a_- :

$$\left(-\frac{d^2}{d\xi^2} + \xi^2 \right) \psi_n(\xi) = K_n \psi_n(\xi), \quad \text{where } K_n = \frac{2E_n}{\hbar\omega}$$

$$(2a_+a_- + 1) \psi_n(\xi) = K_n \psi_n(\xi), \quad \text{or in original units}$$

coordinates/momentum

$$\hbar\omega (a_+a_- + 1/2) \psi_n(\xi) = E_n \psi_n(\xi).$$

Operators a_+ & a_- have an important property:

- If ψ_n is an eigen state ψ_n with energy E_n ,
then 1. $a_+ \psi_n(\xi)$ is also an eigen state with
energy $E_n + \hbar\omega$
2. $a_- \psi_n(\xi)$ is an eigen state with energy
 $E_n - \hbar\omega$

13.2] Proof: is based on the following commutation relation $[\hat{a}_-, \hat{a}_+] = \hat{1}$.

Indeed, $a_- a_+ \psi - a_+ a_- \psi =$

$$= \frac{1}{2} \left[\left(\frac{d}{dz} + \xi \right) \left(-\frac{d}{dz} + \xi \right) - \left(-\frac{d}{dz} + \xi \right) \left(\frac{d}{dz} + \xi \right) \right] \psi$$

$$= \frac{1}{2} \left[2 \frac{d}{dz} (\xi \psi) - 2 \xi \frac{d}{dz} \psi \right] = \hat{1} \psi$$

Consider $a_+ \psi_n$ for $\hbar\omega (a_+ a_- + 1/2) \psi_n = E_n \psi_n$.

We have $\hbar\omega (a_+ a_- + 1/2) (a_+ \psi_n) =$

$$= \hbar\omega [a_+ a_- a_+ + 1/2 a_+] \psi_n$$

$$= \hbar\omega [a_+ a_+ a_- + a_+ + 1/2 a_+] \psi_n$$

$$= \hbar\omega a_+ [a_+ a_- + 1/2 + 1] \psi_n$$

$$= a_+ (E_n + \hbar\omega) \psi_n = (E_n + \hbar\omega) (a_+ \psi_n),$$

i.e. $a_+ \psi_n$ is an eigenstate with energy

$$E^* = E_n + \hbar\omega.$$

Similarly, $a_- \psi_n = (E_n - \hbar\omega) \psi_n,$

and $a_- a_- \psi_n = (E_n - 2\hbar\omega) \psi_n$, etc.

But we know (HW-2), that $E_n \geq 0$ ($\frac{\hbar\omega}{2}$).

13.3

Therefore, $a_-^k \psi_n(\xi)$ is not a normalizable eigenstate for k such that $E_n - k\hbar\omega < 0$.

There exists the lowest energy state with energy $E_0 = \frac{1}{2}\hbar\omega$,

$$a_- \psi_0(\xi) = 0 \quad \text{gives} \quad \left(\frac{d}{d\xi} + \xi \right) \psi_0(\xi) = 0$$

$$\text{and} \quad \psi_0(\xi) = e^{-\xi^2/2}.$$

$$E_0 \text{ is found from } E_0 \psi_0(\xi) = \hbar\omega \left(a_+ a_- + \frac{1}{2} \right) \psi_0 \\ = \hbar\omega \left(0 + \frac{1}{2} \right) \psi_0$$

We can numerate all other states according to their energy $E_n = \hbar\omega(n + \frac{1}{2})$,
 where The latter equation means that

$$a_+ a_- \psi_n(\xi) = n \psi_n(\xi), \text{ and can be found as } a_-^n a_+^n \psi_0(\xi) = \psi_n(\xi).$$

Another property of operators $a_{\pm}$:

$$\int_{-\infty}^{+\infty} f^*(\xi) \hat{a}_{\pm} g(\xi) d\xi = \int_{-\infty}^{+\infty} (a_{\mp} f)^* g d\xi$$

The proof is straightforward:

$$\int_{-\infty}^{+\infty} f^* (a_{\pm} g) d\xi = \frac{1}{\sqrt{2}} \int_{-\infty}^{+\infty} f^*(\xi) \cdot \left(\mp \frac{d}{d\xi} + \xi \right) g(\xi) d\xi$$

$$= \frac{1}{\sqrt{2}} \int_{-\infty}^{+\infty} \left(\pm \frac{d}{d\xi} f^* + \xi f^* \right) g(\xi) d\xi = \int_{-\infty}^{+\infty} (a_{\mp} f^*)^* g(\xi) d\xi$$

13.4

$$\hat{a}_+ \hat{a}_- \psi_n = n \psi_n \quad \text{and} \quad a_- \psi_n = c_n \psi_{n-1}$$

with $\int \psi_n^2 d\xi = 1$

$$c_n^2 = \int_{-\infty}^{+\infty} (\hat{a}_+ \psi_n) (\hat{a}_+ \psi_n) d\xi = \int_{-\infty}^{+\infty} \psi_n \hat{a}_+ \hat{a}_+ \psi_n d\xi$$

$$\text{for } "-" = n \int_{-\infty}^{+\infty} \psi_n^2 d\xi = n; \quad \text{or} \quad c_n = \sqrt{n}, \text{ i.e.}$$

$$a_- \psi_n(\xi) = \sqrt{n} \psi_{n-1}(\xi).$$

$$\text{for } "+" = \int_{-\infty}^{+\infty} \psi_n(\xi) (\hat{a}_+ \hat{a}_- + 1) \psi_n(\xi) d\xi = (n+1)$$

$$a_+ \psi_n(\xi) = \sqrt{n+1} \psi_{n+1}(\xi).$$

We derived $\psi_n(\xi)$ in lectures 11-12:

$$\psi_n(\xi) = \sqrt{\frac{4}{\pi k}} \frac{1}{\sqrt{2^n n!}} H_n(\xi) e^{-\xi^2/2}$$

$$\text{Let us check } a_+ \psi_n(\xi) = \sqrt{n+1} \psi_{n+1}(\xi)$$

$$\frac{1}{\sqrt{2}} \left(\xi \frac{d}{d\xi} + \xi \right) \cdot \left(H_n(\xi) e^{-\xi^2/2} \right) = + \frac{1}{\sqrt{2}} \left(\xi \frac{d H_n(\xi)}{d\xi} \cdot e^{-\xi^2/2} \right.$$

$$\left. + \xi H_n(\xi) e^{-\xi^2/2} + \xi H_n e^{-\xi^2/2} \right) = +$$

$$= \frac{1}{\sqrt{2}} \left(\xi 2n H_{n-1}(\xi) + 2\xi H_n(\xi) \right) e^{-\xi^2/2} = \sqrt{2n+1} H_{n+1}(\xi) e^{-\xi^2/2}$$

$$= \frac{1}{\sqrt{2}} H_{n+1}(\xi) e^{-\xi^2/2}, \quad \text{compare to } \psi_{n+1}(\xi) = \sqrt{\frac{4}{\pi k}} \frac{1}{\sqrt{2^{n+1} (n+1)!}} H_{n+1}(\xi) e^{-\xi^2/2}$$

13.5)

Compare to

$$\psi_{n+1} = \sqrt[4]{\frac{m\omega}{\pi\hbar}} \frac{1}{\sqrt{2^{n+1} n! (n+1)!}} H_{n+1}(\xi) e^{-\xi^2/2}$$

$$a_+ \psi_{n+1} = \sqrt[4]{\frac{m\omega}{\pi\hbar}} \frac{1}{\sqrt{2}} \frac{1}{\sqrt{2^n n!}} H_{n+1}(\xi) e^{-\xi^2/2}$$

$$= \sqrt{n+1} \psi_{n+1}(\xi).$$

for $a_- \psi_n(\xi)$ we have "a" red sign
in above calculations